

Social, Emotional, Physical and Intellectual Development of Children 1-3yrs



Emotional Development

1 ½ yrs



Emotional Development

1 ½ yrs

- At this age children tend to be a little self-centered (examples??)
- Negativism- “No!!”- always do the opposite

Emotional Development

1 ½ yrs

- ◆ Temper Tantrums- beginning to express feelings

Emotional Development

2 yrs

- ◆ Less frustration
- ◆ Seeks approval, expresses love & affection
- ◆ More outgoing, friendly



Emotional Development

2 ½ years

Able to focus more

Often overwhelmed- lot of learning

Needs consistent routines

Wants to be more independent



Emotional Development

3yrs

Understands being considerate to others



More willing to take directions and aims to please



Emotional Development

Ages 1-3

Specific Emotions

Anger = frustration at a person or object



Fear- specific things, separation anxiety

Emotional Development

Ages 1-3

Specific Emotions

Jealousy- parents, sibling rivalry



Emotional Development

Ages 1-3

Specific Emotions

Love & Affection
towards others



Empathy- begins at 2 yrs, children are able to see through
another's eyes

Emotional Development

Ages 1-3

Self-Concept

How they see themselves +ve or -ve

Forms in response to the actions, attitudes and comments of others



© Geo Images * www.ClipartOf.com/1050192



Forms during the mastery of skills

Social Development

1½ yrs

Begin to see outside the family

Parallel play- play near, but independently



Social Development

1½ yrs

Satisfy desires without regard for anyone else

Social Development

2 yrs

Able to read moods

Begin to share and take turns

Wants to please others
before themselves



Social Development

2½ yrs

React differently to different people



Social Development

2½ yrs

Begin to understand
fairness



Plays best with two kids

Social Development

3 yrs

Cooperative play- play with one another in small groups



Parents are important, but begin to seek friends & show preferences

Social Development

Friendship

- Should be comfortable and friendly with others with at least 1 friend at a time
- Imaginary- starts at age 2; and done by 4
- people, animals, short/long term



Social Development Independence

Encouraged by:



Self Feeding



Self Dressing

Self Grooming



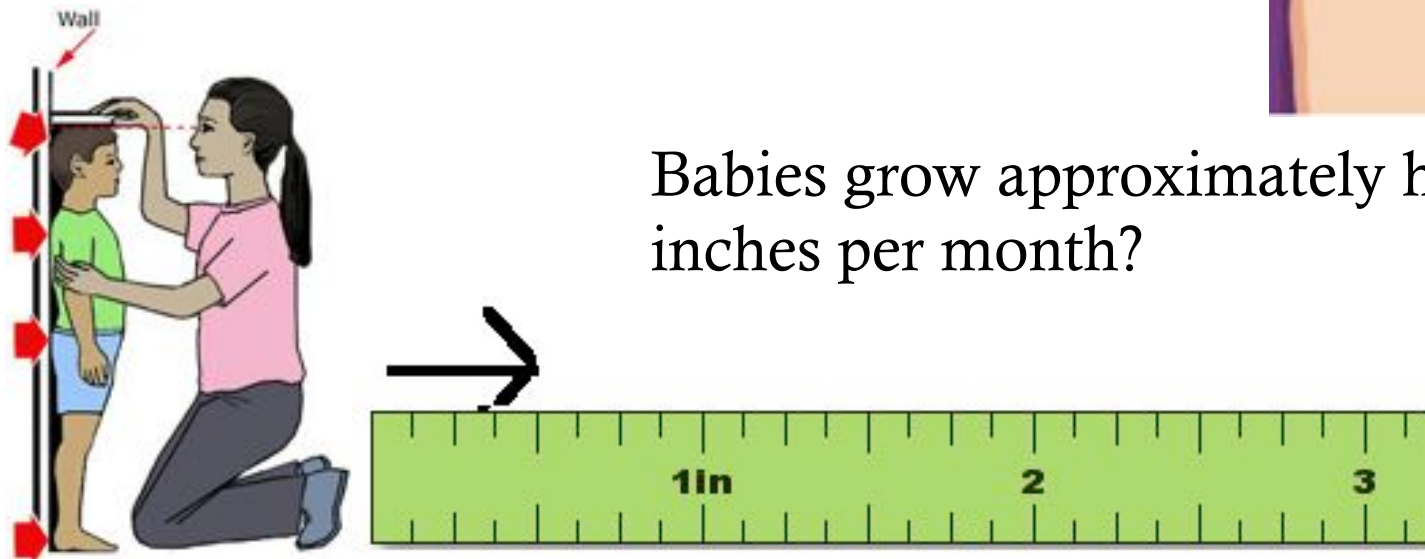
Physical & Intellectual Development

Growth

Babies gain approximately how many pounds per month?



Babies grow approximately how many inches per month?





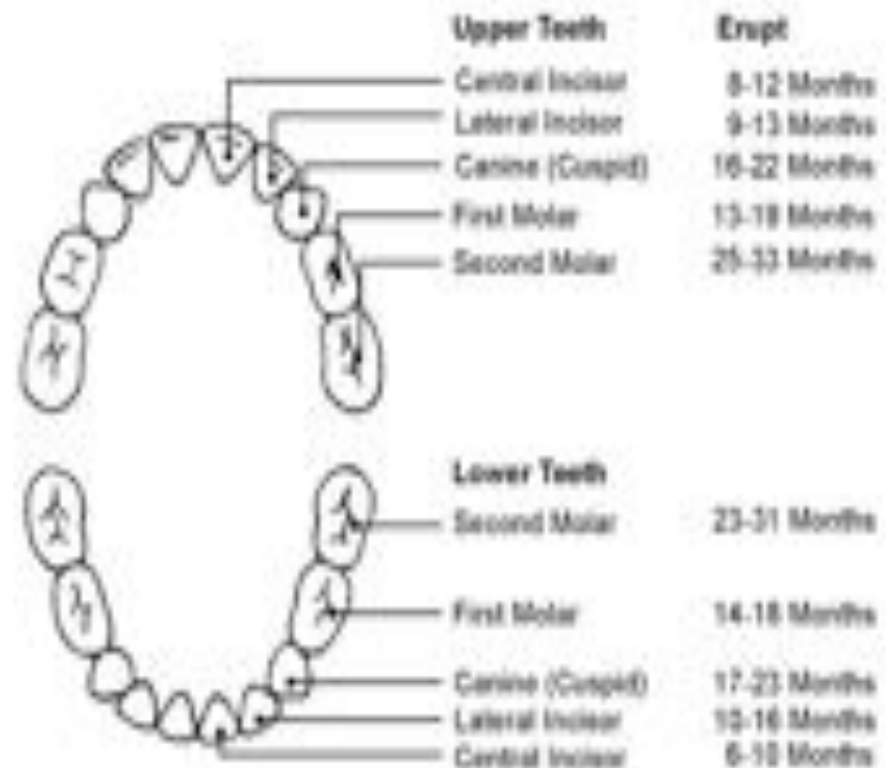
Physical & Intellectual Development



Teeth

At age 1, a child has 8 teeth

At age 3, a child has 20 teeth (a full primary set)





Physical & Intellectual Development

Teeth

Parents then help children



and



Brush

Floss

At 3yrs old???????



Physical & Intellectual Development

Large Motor Skills

What is a large motor skill?

Skills that involve use and control of the large muscles of the back, legs, shoulders, and arms.

Examples?????



Physical & Intellectual Development

Large Motor Skills

1-2 yrs



Splashnewsonline.com



Runs Well Balances on 1 foot Up and down stairs (1 step) Throws Overhand

Physical & Intellectual Development

Large Motor Skills

2-3 yrs

Jumping off
objects



Climbing
everywhere



Kicks
balls

Learns to
ride
a tricycle



Physical & Intellectual Development

Fine Motor Skills

What is a fine motor skill?

Work with the use and control of the finer muscles of the wrists, fingers, and ankles



Physical & Intellectual Development

Fine Motor Skills

1-2 yrs



Hand preferences.....what %age of kids are right handed???

85%



Pincer Grip



Physical & Intellectual Development

1-2 yrs

Fine Motor Skills

Can start to use



and also turn



Physical & Intellectual Development

Fine Motor Skills

2-3 yrs



Turn book pages

Build block towers



Draw lines and circles

Screwing and unscrewing lids



Physical & Intellectual Development

Nutrition

Feed themselves at 18 months, uses



by age 2

Watch for choking hazards and remember

Texture

Temperature

Shapes

Ease

Physical & Intellectual Development

Toilet Training

Anytime after 18 months: only after walking well

Important things to watch for:

Dry diapers

**Interest in the
toilet**

**A predictable
schedule**

**Uncomfortable
in diaper**

Physical & Intellectual Development

Hygiene

Washing Hands



DAILY BATHS



CHILD HELPS:

RUB & RINSE

HELP DRY

Physical & Intellectual Development

Clothing

COMFORTABLE

EASY TO CARE

Using



Velcro

Slip On

Physical & Intellectual Development

Thinking Skills

Attention

Short attention span

Curiosity

encourage by
answering questions &
safe environment

Reasoning

→ 14 months trial
and error
→ 3yrs mentally
solves

Memory

Goes from general
memory to remembering
details longer

Imagination

Starts at age 2 but cannot
distinguish until age 5

Perception

Use information from
senses

Ask questions?

Physical & Intellectual Development

Language

Speech

1 yr	8 words
2 yr	200 words Combine words into short sentences
3 yr	Learns some grammar rules

Physical & Intellectual Development

Language

Reading



Repeat Words

Name familiar things
(animals, objects)

ASK ????